CADTH Health Technology Review

Buprenorphine-Naloxone Film Versus Tablets for Opioid Use Disorder

Kylie Tingley
Monika Mierzwinski-Urban
What Is the Issue?

- Medication for opioid use disorder is essential for reducing cravings, withdrawal symptoms, and facilitating recovery, with buprenorphine being preferred over methadone by health care providers and people with opioid use disorder due to its lower overdose risk and perceived lower side effect profile.
- In Canada, buprenorphine is available in various formulations, including buprenorphine-naloxone (BUP-NAL), commonly chosen for its safety benefits and convenience.
- Sublingual buprenorphine-naloxone films offer faster dissolution and potentially other benefits compared to sublingual tablets, evaluating their comparative clinical and cost-effectiveness is important as they become more widely available.

What Did We Do?

- To inform decisions about the appropriate selection of BUP-NAL formulations for treating individuals with opioid use disorder, CADTH sought to identify and summarize literature comparing the clinical effectiveness and cost-effectiveness of sublingual BUP-NAL films versus tablets. We also attempted to identify evidence-based recommendations for the use of BUP-NAL film.
- A research information specialist conducted a literature search of the peer-reviewed and grey literature with a search strategy focused on sublingual BUP-NAL. The search was limited to English-language documents published since January 1, 2018. One reviewer screened articles for inclusion based on predefined criteria, critically appraised the included study, and narratively summarized the findings.

What Did We Find?

- Sublingual BUP-NAL films may have lower abuse rates compared to sublingual BUP-NAL tablets among people who seek treatment at substance abuse treatment centres or who present needing medical advice or treatment for intentional misuse or abuse of potentially toxic substances, including opioids (1 study).
- We did not find any clinical effectiveness studies that assessed aspects related to drug ingestion, drug abuse cessation, treatment programs, health-related quality of life, mental health or safety of BUP-NAL films or tablets that met our criteria for this review.
• We did not find any studies on cost-effectiveness or evidence-based guidelines of sublingual BUP-NAL films or tablets that met our criteria for this review.

What Does It Mean?
• Limited evidence from this review suggests that sublingual BUP-NAL films may lead to lower substance abuse rates compared to sublingual BUP-NAL tablets among people with OUD; however, we require more comprehensive research with rigorous methodological approaches to understand this topic better.
• Considering the low abuse potential for BUP-NAL film, decision-makers may wish to use this formulation in settings where the potential for substance abuse is high.
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# Abbreviations

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<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASI-MV</td>
<td>Addiction Severity Index-Multimedia Version</td>
</tr>
<tr>
<td>BUP-NAL</td>
<td>combination product of buprenorphine with naloxone, as a single preparation</td>
</tr>
<tr>
<td>CI</td>
<td>confidence interval</td>
</tr>
<tr>
<td>HTA</td>
<td>health technology assessment</td>
</tr>
<tr>
<td>MOUD</td>
<td>medication for opioid use disorder</td>
</tr>
<tr>
<td>OUD</td>
<td>opioid use disorder</td>
</tr>
</tbody>
</table>
Context and Policy Issues

What Is Opioid Use Disorder?
Opioid use disorder (OUD) is a serious medical condition characterized by the compulsive and problematic use of opioid drugs, such as prescription painkillers (e.g., oxycodone, hydrocodone) or illicit opioids (e.g., heroin). Individuals with OUD experience a range of symptoms, including a strong desire to use opioids, loss of control over opioid use, and continued use despite adverse consequences, such as health problems, social difficulties, and legal issues.

OUD can manifest in various degrees of severity, from mild to severe, depending on factors like the frequency and quantity of opioids used, the duration of use, and the individual's physiological and psychological responses to opioids. It is a chronic and relapsing condition that can have devastating effects on a person's physical and mental health, relationships, and overall quality of life.

According to data from the 2018 Canadian Community Health Survey, 3.7 million (12.7%) of those who answered, aged 15 years and older, reported the use of opioid pain relievers, and nearly 10% of those (351,000) reported problematic use of opioids. After adjusting for socioeconomic circumstances and other health conditions, those who reported unmet needs for emotional or mental health or problems with substances were more than 2.5 times as likely to use opioid pain relief medication compared to those without such needs. The Public Health Agency of Canada recently reported that between January 2016 and March 2023, there was a total of 38,514 apparent opioid toxicity deaths across Canada. Opioid toxicity deaths disproportionately affect males and individuals who were to 20 to 59 years old. Similarly, there was a total of 37,697 opioid-related poisoning hospitalizations reported between January 2016 and March 2023, with the highest proportion among males between ages 30 to 39. Other populations that have reported disproportionately higher opioid harms include those with lower income or who have experienced periods of employment instability, those who are employed in the construction industry, as well as those from Indigenous backgrounds.

What Is the Current Practice?
OUD typically requires a combination of medication for opioid use disorder (MOUD) and psychosocial support, including counselling and behavioural therapies like Cognitive Behavioural Therapy. While counselling can be effective, it is even more so when combined with MOUD, as some individuals may struggle to maintain abstinence without the support of medication. MOUD includes drugs like methadone, buprenorphine, and extended-release naltrexone, which have been proven to aid in recovery by reducing withdrawal symptoms, cravings, and the body's response to opioids. These medications help individuals reduce their use of injected drugs, lowering the risk of diseases and even death.

Why Is It Important to Do This Review?
MOUD is a crucial component of treatment for OUD. They are used to reduce cravings, alleviate withdrawal symptoms, and help individuals achieve and maintain recovery. Several medications are approved for OUD treatment, each with unique mechanisms and formulations. Buprenorphine is generally preferred over
methadone for the treatment of individuals with moderate to severe OUD because of the lower risk of death with overdose, accessibility, and fewer drug interactions.⁷

In Canada, buprenorphine is available in several formulations for the treatment of people with OUD, including the single-ingredient buccal film, buprenorphine extended-release injection, subcutaneous implant, as well as the combination product of buprenorphine-naloxone (BUP-NAL) in a sublingual film and tablet.⁸ BUP-NAL, commonly known as Suboxone, is often preferred over methadone or single-ingredient buprenorphine for the treatment of OUD due to its lower risk of overdose, reduced potential for diversion and misuse, and the option for office-based treatment. BUP-NAL's partial agonist nature offers a safer treatment option compared to full opioid agonists like methadone while providing a more flexible and convenient approach to recovery. According to a CADTH report from 2019, individuals with OUD demonstrated a more favourable perception of buprenorphine compared to methadone.⁹ This preference was driven by the perception of fewer side effects and the belief that buprenorphine had the potential to restore a sense of normalcy in their lives and alleviate withdrawal symptoms.⁹

BUP-NAL is available in 2 formulations: sublingual films and tablets. Sublingual BUP-NAL films may offer an advantage over tablets because the time required for the medication to dissolve is quicker due to their thin, flexible structure. Sublingual BUP-NAL film may also be more effective at lower doses due to improved absorption, which may be beneficial in certain health care contexts (e.g., correctional facilities). Before sublingual BUP-NAL film becomes widely available across Canada, it is important to understand its potential advantages and disadvantages compared to sublingual BUP-NAL tablets both from a clinical- and cost-effectiveness perspective.

**Objective**

To support decision-making about sublingual BUP-NAL films for the treatment of individuals with OUD, we prepared this Rapid Review to summarize and critically appraise the studies available on the clinical effectiveness, cost-effectiveness, and evidence-based guidance for sublingual BUP-NAL films versus tablets for individuals with OUD.

**Research Questions**

1. What is the comparative clinical effectiveness of sublingual buprenorphine/naloxone film versus tablets for people with opioid use disorder?
2. What is the comparative cost-effectiveness of sublingual buprenorphine/naloxone film versus tablets for people with opioid use disorder?
3. What are the evidence-based recommendations for sublingual buprenorphine/naloxone film for people with opioid use disorder?
Methods

Literature Search Methods
An information specialist conducted a literature search on key resources, including MEDLINE, Embase, the Cochrane Database of Systematic Reviews, the International HTA Database, and the websites of Canadian and major international health technology agencies, as well as a focused internet search. The search approach was customized to retrieve a limited set of results, balancing comprehensiveness with relevancy. The search strategy comprised both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. Search concepts were developed based on the elements of the research questions and selection criteria. The main search concept was sublingual buprenorphine/naloxone. CADTH-developed search filters were applied to limit retrieval to health technology assessments, systematic reviews, meta-analyses, indirect treatment comparisons, clinical trials or observational studies, economic studies, and guidelines. The search was completed on September 21, 2023, and limited to English-language documents published since January 1, 2018.

Selection Criteria and Methods
One reviewer screened citations and selected studies. In the first screening level, titles and abstracts were reviewed, and potentially relevant articles were retrieved and assessed for inclusion. The final selection of full-text articles was based on the inclusion criteria presented in Table 1.

Table 1: Selection Criteria

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population</td>
<td>Q1 to Q3: People (≥ 16 years of age) requiring treatment for opioid use disorder</td>
</tr>
<tr>
<td>Intervention</td>
<td>Q1 to Q3: Sublingual buprenorphine/naloxone film</td>
</tr>
<tr>
<td>Comparator</td>
<td>Q1 and Q2: Sublingual buprenorphine/naloxone tablets</td>
</tr>
<tr>
<td>Outcomes</td>
<td>Q1: Clinical effectiveness (e.g., complete ingestion of the drug, comparative time to ingestion of the drug, impact on drug diversion, cessation of opioid use, cessation of use of other drugs of abuse, transition to long-term recovery programs, retention in treatment, health-related quality of life, withdrawal symptoms, mental health scores) and safety (e.g., toxicity, adverse events [including deleterious impacts on dental health], mortality)</td>
</tr>
<tr>
<td></td>
<td>Q2: Cost-effectiveness (e.g., cost per health benefit gained, cost per quality-adjusted life-year, incremental cost-effectiveness ratio)</td>
</tr>
<tr>
<td></td>
<td>Q3: Evidence-based recommendations (e.g., the role of witness ingestion, appropriateness as a substitute for standard of care, dosing and/or administration [including those specific to dental health], settings of use)</td>
</tr>
<tr>
<td>Study designs</td>
<td>Q1: Health technology assessments, systematic reviews, randomized controlled trials, nonrandomized studies</td>
</tr>
<tr>
<td></td>
<td>Q2: Economic evaluations</td>
</tr>
<tr>
<td></td>
<td>Q3: Evidence-based guidelines</td>
</tr>
</tbody>
</table>
Exclusion Criteria
Articles were excluded if they did not meet the selection criteria outlined in Table 1, were duplicate publications, or were published before 2018. Guidelines with unclear methodology were also excluded.

Critical Appraisal of Individual Studies
One reviewer critically appraised the included publication using the following tool as a guide: the Downs and Black checklist for randomized and nonrandomized studies. Summary scores were not calculated for the included studies; rather, each publication’s strengths and limitations were described narratively.

Summary of Evidence
Quantity of Research Available
A total of 484 citations were identified in the literature search. Following the screening of titles and abstracts, 476 citations were excluded, and 8 potentially relevant reports from the electronic search were retrieved for full-text review. 1 potentially relevant publication was retrieved from the grey literature search for full-text reviews. Of these potentially relevant articles, 8 publications were excluded for various reasons, and 1 publication met the inclusion criteria and was included in this report. The included publication is an observational study that compared abuse rates of film versus tablet formulations of sublingual BUP-NAL. Appendix 1 presents the PRISMA flow chart of the study selection.

Additional references of potential interest are provided in Appendix 5.

Summary of Study Characteristics
Additional details regarding the characteristics of included publications are provided in Appendix 2.

Study Design
A single observational study using a cross-sectional design was identified comparing abuse rates between sublingual BUP-NAL films and tablets.

Country of Origin
The study by Butler et al. (2018) was conducted in the US.

Patient Population
Butler and colleagues (2018) included 2 distinct study populations. The first was adults, aged 18 years and older, assessed for substance use problems and treatment-planning using the Addiction Severity Index-Multimedia Version (ASI-MV) between Q1 2015 and Q3 2015. These data derived from the National Addictions Vigilance Intervention and Prevention Program surveillance system. The second population included individuals within the general population (unclear reporting regarding age) and health care providers seeking medical management advice regarding potentially toxic exposures to prescription opioids, other prescription medications, and illicit drugs between Q1 2015 to Q3 2015. These data were derived from the
RADARS System Poison Center Program, which uses a nationally standardized electronic health record to collect data.

**Interventions and Comparators**

In both study populations in the Butler et al. (2018)\textsuperscript{12} study the intervention of interest was sublingual BUP-NAL film (Suboxone film), and the comparator was sublingual BUP-NAL tablets (generic or Zubsolv tablets).

**Outcomes**

In both study populations in the Butler et al. (2018)\textsuperscript{12} study, the outcomes included prescription volume-adjusted and prescription volume-unadjusted abuse rates as well as the probability of abusing sublingual BUP-NAL film and tablets through alternate routes of administration (e.g., insufflation and injection).

**Summary of Critical Appraisal**

The included study\textsuperscript{12} exhibits certain strengths and notable limitations that bear consideration when evaluating its findings. On the positive side, the study demonstrates clear and transparent reporting, covering various essential aspects such as objectives, outcomes, patient characteristics, interventions, potential confounders, and statistical analyses, including P values. This transparency enhances the comprehension of the research process. The study also maintains internal validity by avoiding data dredging and employing appropriate statistical tests while clearly describing the outcome measures. Moreover, it minimizes the risk of confounding by drawing patients from the same population over the same time period.

However, several limitations in the study’s design and execution have the potential to introduce bias. Notably, the study’s external validity is hindered by the study populations’ and settings’ lack of representativeness. These populations are exclusively drawn from individuals seeking treatment at specific centres, raising concerns about selection bias and limiting the generalizability of the findings. For example, specific subpopulations of people with OUD are more likely to seek treatment based on age, gender, and severity of addiction. They may not be representative of the broader population of people with OUD. Additionally, the representativeness of the study settings is unclear, with a lack of information regarding the inclusion of various substance use treatment centres and their geographic locations. This may introduce bias related to the diversity of settings within the population. Finally, the lack of reported power calculations raises questions about the study’s statistical power to detect significant effects, potentially leading to type II errors where meaningful associations or differences may go undetected. Considering these strengths and limitations, a careful and critical approach to the study’s findings is essential for researchers and readers alike.

Additional details regarding the strengths and limitations of included publications are provided in Appendix 3.

**Summary of Findings**

Appendix 4 presents the main study findings.
Clinical Effectiveness of Sublingual BUP-NAL Films Versus Tablets
We found limited evidence regarding the clinical effectiveness of sublingual BUP-NAL film compared to tablets for people diagnosed with OUD. A single study\textsuperscript{12} comparing abuse rates between sublingual BUP-NAL film and tablets is summarized below. No summary can be provided with respect to any further clinical effectiveness measures (e.g., cessation of opioid use, withdrawal symptoms) given that no other clinical studies were identified that met the inclusion criteria for this review.

**Abuse Rates**
Butler and colleagues (2018)\textsuperscript{12} compared abuse rates between sublingual BUP-NAL film to tablets in 2 distinct populations. In study population 1 (N = 45,695 adults assessed for substance use problems), sublingual BUP-NAL tablets had a higher prevalence of abuse by any route of administration compared to sublingual BUP-NAL film after adjusting for prescription volume (relative risk = 1.08, 95% confidence interval 1.07 to 1.09, P < 0.001). Similarly, in study population 2 (individuals within the general population seeking medical management advice regarding potentially toxic exposures to opioids), sublingual BUP-NAL tablets had a higher prevalence of abuse by any route of administration after adjusting for prescription volume (relative risk = 1.23, 95% confidence interval 1.02 to 1.50, P = 0.034). These trends held true in both populations when looking at abuse rates by specific routes of administration, including insufflation and injection.

When looking at the effects of gender, race, age, and US region, few significant differences in abuse prevalence were noticed. Among those in study population 1 in the 18 to 34 age group, the prescription-adjusted rate of abuse for sublingual BUP-NAL tablets was significantly higher than for sublingual BUP-NAL film, with a rate of 0.48 cases per 100 ASI-MV respondents per 100,000 dosage units for tablets compared to 0.40 cases for film (relative risk = 1.20, 95% confidence interval 1.05 to 1.38, P = 0.009). Prescription-adjusted rates of abuse within the older groups (35 to 54, 55 plus) were not significantly different for BUP-NAL formulations. The study did not identify any significant effects of gender, race, or US region.

Cost-Effectiveness of Sublingual BUP-NAL Films Versus Tablets
We identified no relevant evidence regarding the cost-effectiveness of sublingual BUP-NAL film versus tablets for treating people with OUD that met our inclusion criteria for this review. Thus, no summary can be provided.

Evidence-Based Guidance for Sublingual BUP-NAL Films
We did not identify any evidence-based guidelines that directly focused on recommendations regarding sublingual BUP-NAL film for treating individuals diagnosed with OUD; therefore, no summary can be provided.
**Limitations**

**Overall Completeness of the Evidence**
The findings in this review are constrained by the limited volume of pertinent evidence we could identify. We did not identify any HTA, systematic reviews, or randomized controlled trials that met the inclusion criteria for this review and addressed our research questions. Consequently, we were unable to draw conclusions regarding several aspects of our research questions, including:

- the clinical effectiveness of sublingual BUP-NAL films versus tablets beyond potential abuse rates among people with OUD
- the cost-effectiveness of sublingual BUP-NAL films versus tablets among individuals with OUD
- the availability of evidence-based guidance specifically related to sublingual BUP-NAL films.

Nevertheless, we did manage to locate 1 publication that compared abuse rates for sublingual BUP-NAL films versus tablets among individuals with OUD. It remains unclear whether the scarcity of evidence is due to a true lack of available data regarding sublingual BUP-NAL films or if it reflects an inherent limitation of the methodology employed in this review, particularly the restricted literature search spanning the past 5 years. It is worth noting that during our literature screening, we observed that many of the cited publications concerning BUP-NAL films within the potentially relevant literature were published before 2018, including some that were summarized in a CADTH Rapid Review published in 2019. This suggests that research on this topic may have been conducted earlier than the time frame considered for this review, highlighting the evolving nature of the field. In addition, information included within several of the guidelines that were reviewed as potentially relevant to this review did not include specific recommendations about BUP-NAL film, rather, the authors made general recommendations about buprenorphine medication for the treatment of OUD.

**Generalizability of the Findings**
The included study was conducted in the US, using data collected by substance abuse treatment centres and poison centres across the US. Given the paucity of evidence identified in this review, it is unclear whether the results summarized in this review are generalizable to the health care context in Canada. Additionally, the review highlights the absence of evidence regarding specific subpopulations that might be at a higher risk of experiencing elevated opioid-related harms, such as Indigenous groups, disparities between genders, and individuals with lower income levels. This lack of data further underscores the uncertainty regarding the applicability of the review’s findings to the Canadian health care context.

Caution should be taken when interpreting the findings of this review.

**Conclusions and Implications for Decision- or Policy-Making**
This review identified and summarized the clinical effectiveness evidence available on sublingual BUP-NAL films compared to sublingual BUP-NAL tablets (1 cross-sectional study).
Limited evidence was found on the clinical effectiveness of sublingual BUP-NAL films versus tablets for individuals with OUD. A single study comparing abuse rates between BUP-NAL formulations indicated that in 2 distinct populations, sublingual BUP-NAL tablets had a higher prevalence of abuse than sublingual BUP-NAL films, after adjusting for prescription volume. However, no other clinical studies met the inclusion criteria, and there was no available evidence regarding cost-effectiveness or evidence-based guidelines for sublingual BUP-NAL films in managing OUD.

As mentioned above, much of the literature comparing sublingual BUP-NAL films to tablets was published before 2018; thus, it is out of scope for this current review. However, a previous CADTH report published in 2019 assessed clinical and cost-effectiveness evidence and evidence-based guidelines related to buprenorphine formulations for treating OUD and included literature published from 2014 to 2019. The literature revealed mixed conclusions on the clinical effectiveness, safety, and cost-effectiveness of various buprenorphine formulations for OUD. While some studies observed differences in outcomes, it was unclear if these differences were clinically meaningful or if 1 formulation was superior. The safety profiles of buprenorphine formulations did not significantly differ, suggesting that they are generally safe and well-tolerated. Economic evaluations indicated that implantable buprenorphine with psychosocial therapy may be more cost-effective than sublingual buprenorphine with psychosocial therapy. Two evidence-based guidelines recommend the use of BUP-NAL for treatment initiation or maintenance in OUD. However, the findings in this report are subject to uncertainty, emphasizing the need for further research, particularly large, well-designed studies, to reduce this uncertainty.

In conclusion, while limited evidence from this review suggests that sublingual BUP-NAL films may lead to lower abuse rates compared to sublingual BUP-NAL tablets among people with OUD, we require more comprehensive research with rigorous methodological approaches to understand this topic better.
References


Appendix 1: Selection of Included Studies

Figure 1: Selection of Included Studies

- 484 citations identified from electronic literature search and screened
  - 476 citations excluded
  - 8 potentially relevant articles retrieved for scrutiny (full text, if available)
    - 1 potentially relevant report retrieved from other sources (grey literature, handsearch)
  - 9 potentially relevant reports
    - 8 reports excluded:
      - irrelevant comparator (1)
      - guideline without specific recommendations re: buprenorphine-naloxone formulations (4)
      - guideline with unclear methodology (1)
      - other (review articles, editorials) (2)
  - 1 report included in review
Appendix 2: Characteristics of Included Publications

Note that this appendix has not been copy-edited.

Table 2: Characteristics of Included Primary Clinical Study

<table>
<thead>
<tr>
<th>Study citation, country, funding source</th>
<th>Study design</th>
<th>Population characteristics</th>
<th>Intervention and comparator(s)</th>
<th>Clinical outcomes, length of follow-up</th>
</tr>
</thead>
</table>
| Butler et al. (2018)12                 | Observational study using a cross-sectional study design that makes use of administrative data collected from 2 different study populations | **Population 1:**  
- Adults, aged 18 years and older, assessed for substance use problems and treatment-planning using the Addiction Severity Index-Multimedia Version between Q1 2015 and Q3 2015  
- Data were derived from the National Addictions Vigilance Intervention and Prevention Program surveillance system  
- N = 45,695 assessments of unique adults  
**Population 2:**  
- Individuals within the general population and health care providers seeking medical management advice regarding potentially toxic exposures to prescription opioids, other prescription medications, and illicit drugs between Q1 2015 to Q3 2015  
- Data were derived from the RADARS System Poison Center Program, which uses a nationally standardized electronic health record to collect data  
- N = NR | **Intervention:** BUP-NAL film (Suboxone® film)  
**Comparator:** BUP-NAL tablets including generic and Zubsolv® tablets | **Outcomes**  
**Population 1:** Prescription-adjusted and prescription-unadjusted abuse rates, probability of abusing BUP-NAL film and tablets via alternate routes of administration  
**Population 2:** Prescription-adjusted and prescription-unadjusted abuse rates, proportion of cases reporting insufflation or injection use  
**Follow-up:** Both populations analyzed data collected from Q1 2015 to Q3 2015 |

BUP-NAL = buprenorphine-naloxone combination product; NR = not reported.
# Appendix 3: Critical Appraisal of Included Publications

Note that this appendix has not been copy-edited.

**Table 3: Strengths and Limitations of Clinical Study Using the Downs and Black Checklist**

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Limitations</th>
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<tbody>
<tr>
<td><strong>Butler et al. (2018)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Reporting</strong></td>
<td></td>
</tr>
<tr>
<td>• Objectives, main outcomes, patient characteristics, interventions, potential confounders, findings, estimates of random variability, and actual P values all clearly reported</td>
<td></td>
</tr>
<tr>
<td><strong>Internal validity (bias)</strong></td>
<td></td>
</tr>
<tr>
<td>• No data dredging (i.e., unreported/post-hoc analyses) apparent</td>
<td></td>
</tr>
<tr>
<td>• Statistical tests appear appropriate</td>
<td></td>
</tr>
<tr>
<td>• Outcome measures clearly described</td>
<td></td>
</tr>
<tr>
<td><strong>Internal validity (confounding)</strong></td>
<td></td>
</tr>
<tr>
<td>• Study patients were drawn from the same population over the same time period</td>
<td></td>
</tr>
<tr>
<td>• Study patients were not randomized to intervention groups</td>
<td></td>
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<tr>
<td><strong>Power</strong></td>
<td></td>
</tr>
<tr>
<td>• NA</td>
<td></td>
</tr>
<tr>
<td><strong>External validity</strong></td>
<td></td>
</tr>
<tr>
<td>• Study populations may not be representative of the entire population</td>
<td></td>
</tr>
<tr>
<td>• Study populations only included those who sought treatment at a substance use treatment centre or who received medical management advice regarding intentional abuse or misuse exposures of opioids via the Poison Center Program</td>
<td></td>
</tr>
<tr>
<td>• Study settings may not be representative of that in the population</td>
<td></td>
</tr>
<tr>
<td>• Unclear reporting regarding how many substance use treatment centres were included and their geographic location</td>
<td></td>
</tr>
<tr>
<td>• Poison Center Program covers only 48 states, representing approximately 90% of the US population</td>
<td></td>
</tr>
<tr>
<td><strong>Power</strong></td>
<td></td>
</tr>
<tr>
<td>• No acknowledgement of power calculations reported</td>
<td></td>
</tr>
</tbody>
</table>
### Appendix 4: Main Study Findings

#### Table 4: Summary of Findings by Outcome — Abuse Rates

<table>
<thead>
<tr>
<th>BUL-NAL formulation</th>
<th>NAVIPPRO ASI-MV substance abuse treatment centre data (N = 45,695)</th>
<th>RADARS System Poison Center Program data (N = NR)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Unadjusted abuse rate per 100 ASI-MV respondents</td>
<td></td>
</tr>
<tr>
<td>Film</td>
<td>7.01 (6.77 to 7.25)</td>
<td>NA</td>
</tr>
<tr>
<td>Tablet</td>
<td>2.64 (2.49 to 2.79)</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td><strong>Abuse rate by any route per 100,000 US Census population unadjusted for prescription volume</strong></td>
<td></td>
</tr>
<tr>
<td>Film</td>
<td>1.126 (1.12 to 1.13)</td>
<td>0.376 (0.374 to 0.378), P &lt; 0.001</td>
</tr>
<tr>
<td>Tablet</td>
<td>0.424 (0.42 to 0.43)</td>
<td>0.0161 (0.0136 to 0.0189)</td>
</tr>
<tr>
<td></td>
<td><strong>Abuse rate by any route per 100,000 US Census population adjusted for prescription volume</strong></td>
<td></td>
</tr>
<tr>
<td>Film</td>
<td>0.00164 (0.001636 to 0.001647)</td>
<td>1.08 (1.07 to 1.09), P &lt; 0.001</td>
</tr>
<tr>
<td>Tablet</td>
<td>0.00177 (0.00176 to 0.00178)</td>
<td>0.2114 (0.1787 to 0.2483)</td>
</tr>
<tr>
<td></td>
<td><strong>Abuse rate by insufflation per 100 cases involving intentional abuse of the product</strong></td>
<td></td>
</tr>
<tr>
<td>Film</td>
<td>8.9 (7.9 to 9.9)</td>
<td>3.89 (3.30 to 4.58), P &lt; 0.001</td>
</tr>
<tr>
<td>Tablet</td>
<td>34.4 (31.0 to 38.2)</td>
<td>5.8 (2.5 to 13.6)</td>
</tr>
<tr>
<td></td>
<td><strong>Abuse rate by injection per 100 cases involving intentional abuse of the product</strong></td>
<td></td>
</tr>
<tr>
<td>Film</td>
<td>18.0 (16.1 to 19.1)</td>
<td>1.47 (1.25 to 1.72)</td>
</tr>
<tr>
<td>Tablet</td>
<td>25.7 (22.5 to 29.3)</td>
<td>26.7 (18.9 to 37.9)</td>
</tr>
</tbody>
</table>

ASI-MV = Addiction Severity Index-Multimedia Version; CI = confidence interval; NA = not applicable; NAVIPPRO = National Addictions Vigilance Intervention and Prevention Program; NR: Not reported; RADARS = Researched Abuse, Diversion and Addiction-Related Surveillance.

* Adjusted for region.

Note that this appendix has not been copy-edited.
Appendix 5: References of Potential Interest

Previous CADTH Reports


Guidelines and Recommendations

Not Specific to BUP–NAL Films

Unclear Methodology
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